

Mark Your Calendar!

5th Annual Family Astronomy Night

TUESDAY - OCTOBER 27TH



Our 5th Annual Family Astronomy Night will be held Tuesday, October 27, from 5:00 p.m. until 8:00 p.m. This year's event will be one of the best yet. We will have a variety of hands-on science activities and special presentations from Max McKelvey, retired astronomy educator from Savannah, GA. Planetarium shows will also be part of the event.

MARK YOUR CALENDARS!



LEAVE A LEGACY

When you are honoring or memorializing family and friends, please consider making a donation to the Sudie A. Fulford Community Learning Center through the East Georgia State College Foundation. The Foundation is a 501(c)3 non-profit organization. All gifts are tax deductible to the extent approved by law. Contact Elizabeth Gilmer at 289-2037 for more information.



FULFORD CENTER STAFF

Jean Schwabe, Director
Erin Youmans, Magnolia Midlands
GYSTC Coordinator
Tammy Durden, Administrative Assistant
Malanie Jackson, Work Study Student

Phone: 478.289.2464
Fax: 478.289.2465
Email: jdschwabe@ega.edu
Normal Hours of Operation
Monday - Friday, 8 a.m. - 5 p.m.
Other times by appointment



SEPTEMBER
2015

OUR MISSION

By providing an environment where learning opportunities take place and community relationships are enriched, the Sudie A. Fulford Community Learning Center will develop individual capacity and improve the quality of life for Swainsboro and Emanuel County.

OUR GOALS

Education
Civic Engagement
Hospitality



JEAN D. SCHWABE,
DIRECTOR



Message From The Director

We have a very busy September schedule!

In addition to an array of trainings and workshops for various agencies, we will be hosting our third installment of the Diabetes Total Wellness Series on September 10. This session focuses on the link between diabetes and heart disease. We will also be a part of the annual EGSC Parent/Family/Alumni Day festivities on September 26. Three planetarium shows will be provided as part of the celebration. Our fall SAT Reviews will be held September 21 and run through October 1. For specific information on any of these activities or to schedule an event, please give us a call.

We hope to see you soon!

UPCOMING EVENTS

Bobcat Buddies Orientation.....	September 3
Johnson Groomsman Luncheon	September 4
Regional DFACS Focus Group.....	September 8
Emanuel County Family Connection	September 10
Diabetes Wellness Part 3	September 10
Bobcat Buddies Tutoring	September 10, 15, 17, 22, 24, 29
GSU Partnership for Rural Health	September 11
Glad Garden Club.....	September 14
Fulford Advisory Board	September 17
SAT Math Review	September 21-24
Retiree Healthcare Meeting.....	September 23
Sunshine House Staff Meeting	September 25
Sunshine House Purses with a Purpose Luncheon	September 25
EGSC Parent/Family/Alumni Day.....	September 26
SAT Critical Reading/Writing Review.....	September 28-October 1

DIABETES TOTAL TOTAL WELLNESS: PART 3 TO BE HELD



Diabetes affects more than 8 percent of the U.S. population, and heart attack is the most common cause of death in people with diabetes. Taking care of one's diabetes and the conditions that come with it can help lower chances of heart disease. On Thursday, September 10, the Fulford Center will host "Risk Control for Heart Attack and Stroke", Part 3 of the Diabetes Total Wellness Series. There is no cost to participate, and enrollment is limited to 20. Lunch will be served at noon, and the presentation will follow. Pre-registration is required and may be made by calling the Center at 289-2464.

TIME TO GET READY FOR THE SAT!



TIME TO GET READY FOR THE SAT!

The Sudie A. Fulford Community Learning Center at East Georgia State College presents

SAT REVIEW

MATH REVIEW: September 21-24
CRITICAL READING/WRITING/VOCABULARY REVIEW: September 28 - October 1

(Students may participate in one week of review or both weeks.)

Sudie A. Fulford Community Learning Center at East Georgia State College
 (at main entrance to college on Lambs Bridge Road)

4:00 p.m. until 6:00 p.m.

\$10/session or \$15 for both sessions

Materials Provided: Test Review Notebook and Sample Test Sections

Deadline to Register: September 18

SEE YOUR SCHOOL COUNSELOR TO REGISTER OR CONTACT THE FULFORD CENTER AT (478)289-2464

HIGHER SAT SCORES - BETTER COLLEGE CHOICES!

FULFORD CENTER RECOGNIZED AT STATE CONFERENCE



Pic: L to R-Dr. Linda Kirk Fox, Dean, UGA College of Family and Consumer Sciences and Associate Director of Extension; Jean Schwabe, Fulford Center Director; Dr. Laura Perry Johnson, UGA Associate Dean for Extension; Marnie Dekle, UGA County Extension Agent

At its recent state conference, the Georgia Extension Association of Family and Consumer Sciences awarded the Friends of Extension award to the Fulford Center. The award recognizes outstanding support and involvement in Extension efforts. Since it opened in 2010, the Fulford Center has collaborated with the local UGA Extension office and Agent Marnie Dekle on a variety of projects including ServSafe Training, Certified Babysitter Training, Certified Teen Leader Training, Fulford Youth Leadership Academy, Camp Adventure, 4-H Cotton Boll Training, UGA Farm Bill Training, and numerous Lunch and Learn events.

The conference was held at the beautiful Coastal Georgia Botanical Gardens in Savannah. Thank you GEAFCS for this very special recognition. We look forward to many more collaborative efforts in the future!

Regional Garden Club Workshop Held



Close to sixty Garden Club members from the Georgia Oleander District met at the Center in August for a District Awards Workshop. State Awards Chair, Jackie Fulmer and Deep South Awards Chair, Lou Ann Bleakley, conducted the workshop. Local Glad and Seedling Garden Club members hosted the event.