



SERVSAFE MANAGER CERTIFICATION TRAINING SET FOR MARCH 1 & 2

This nationally-recognized course is certified through National Restaurant Association Educational Foundation and includes:

- Your course book, ServSafe® Manager, Sixth Edition. (This is the only acceptable book for this course.)
- Twelve hours of instruction by experienced, ServSafe® Certified instructors from The University of Georgia Cooperative Extension.
- Upon passing the exam, you will receive a ServSafe® Food Protection Manager's Certificate from the National Restaurant Association.

Passing this course will also meet the Georgia Department of Public Health and Georgia Department of Agriculture certification recommendations for store, deli, and kitchen managers.

For more information or to register contact *Marnie Dekle, UGA Extension Agent at (912)237-1226.*



LEAVE A LEGACY

Please consider the Studie A. Fulford Community Learning Center when you are honoring or memorializing family and friends through the East Georgia State College Foundation. The Foundation is a 501(c)3 non-profit organization. All gifts are tax deductible to the extent approved by law. Contact Elizabeth Gilmer at 289-2037 for more information or assistance.



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 Normal Hours of Operation
 Monday - Friday, 8 a.m. - 5 p.m.
 Other times by appointment



FEBRUARY 2016

OUR MISSION

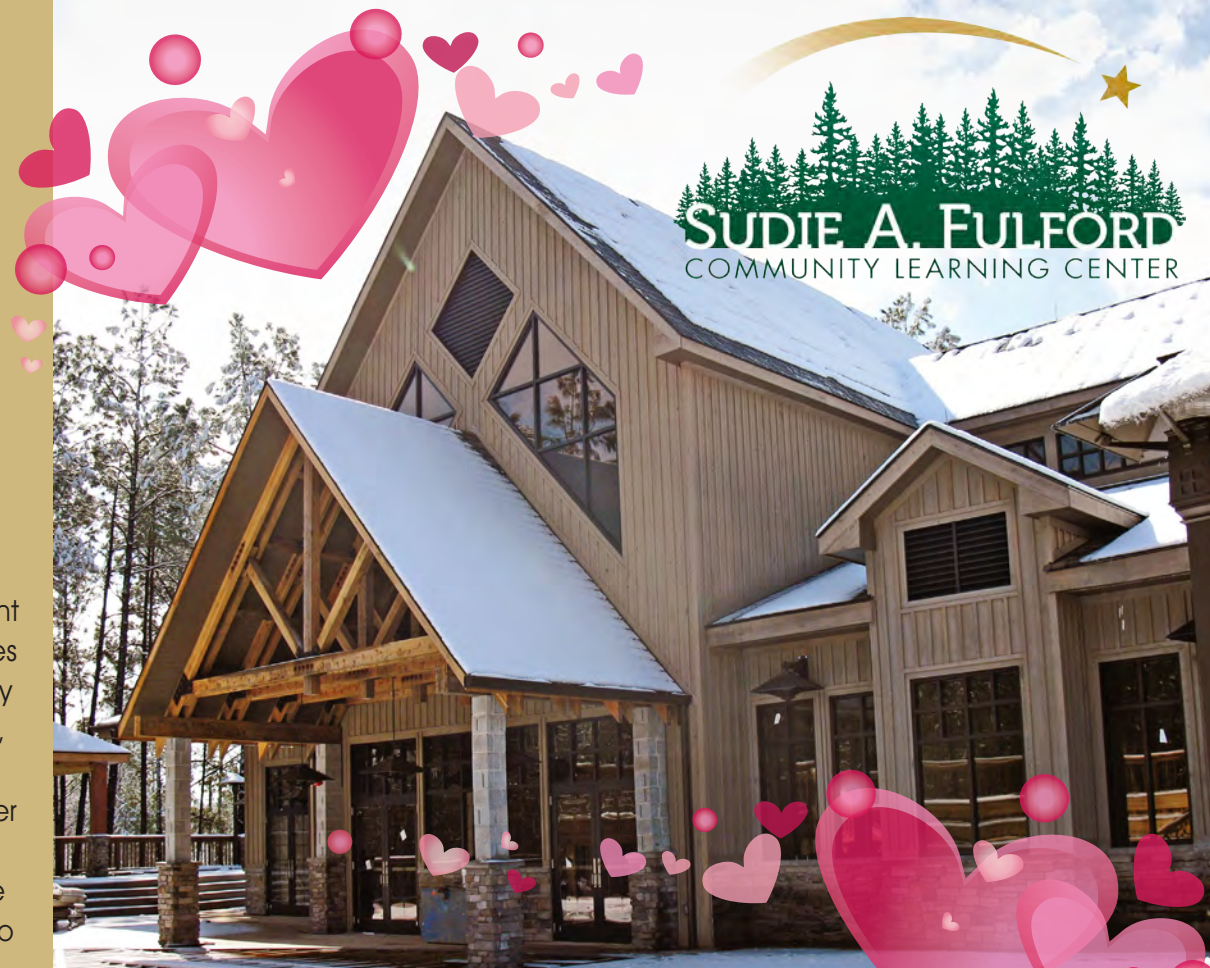
By providing an environment where learning opportunities take place and community relationships are enriched, the Studie A. Fulford Community Learning Center will develop individual capacity and improve the quality of life for Swainsboro and Emanuel County.

OUR GOALS

- Education
- Civic Engagement
- Hospitality



JEAN D. SCHWABE
DIRECTOR



STUDIE A. FULFORD
COMMUNITY LEARNING CENTER

HAPPY FEBRUARY!

Message From The Director

Our 2015 Total Wellness Series was such a success, we've developed a new series for 2016. Our first session, *Enjoy Healthy Food that Tastes Great*, is scheduled for Thursday, February 11, at noon. The four-part series is free and is made possible through a partnership with UGA Extension, Emanuel Medical Center, Emanuel Partnership for Health, East Georgia Healthcare Center, East Georgia State College, and Sweet Tea Grille at the Mill. Lunch, a presentation, and door prizes are provided at each session. Enrollment is limited to 20, and registration is required. If you have questions or would like to register, please give us a call at 289-2464.

We hope to see you February 11!

UPCOMING EVENTS

- February 5 Planetarium (DEA Planetarium Visit)
- February 6 Miss EGSC Pageant Interviews and Judges Dinner
- February 8 Glad Garden Club Meeting
- February 11 Emanuel County Family Connection Meeting
Total Wellness Series: Enjoy Healthy Food that Tastes Great
- February 12 GSU Partnership for Rural Health Meeting
- February 13 EGSC Science Olympiad

- February 19 Vision 2020 Meeting
- February 22-25 ... SAT Math Reviews
- February 24 CSRA RESA Board of Control Meeting
- February 27 Sherman's March Tour
- February 29 March 3---SAT Reading/Language Reviews
- March 1-2 ServSafe Training
- March 2 UGA Extension Economics Training
- March 4 GA DOE School Nutrition Meeting

A Special Thank You!

Many thanks to Michelle Goff for her donation of *Salt of the Earth* by Dorothy Woodell Woods. The book is the fascinating view of life in late nineteenth century Emanuel County. The author weaves some very entertaining and amusing stories of real people and events. *Salt of the Earth* is an excellent addition to the Ada Lee Correll Reading Room.

Thank you, Michelle!

REMINDER! REVIEW SESSIONS FOR THE **NEW** SAT ARE SCHEDULED



The SAT MATH Review will be held February 22-25
The SAT READING/LANGUAGE Review will take place February 29-March 3.

Both reviews will run from 4:00 p.m. until 6:00 p.m. each day. The fee is \$10 for one week or \$15 for both weeks. Students will receive a test review packet and sample test sections, and they should see their school counselor to register. Individuals may also contact the center at 289-2464 to register.

CORPORATE MEETINGS

If your business or organization is in need of a meeting place for a workshop or retreat, give us a call. The Fulford Center can accommodate up to 70 participants in the multifunctional classroom and up to 30 participants in the Resource Library. All your IT needs, including WI-FI, are available for your workshop. We also offer first-class catering.

2016 TOTAL WELLNESS SERIES SCHEDULED

Have you made a commitment to attain and maintain a healthy weight, reduce risk of chronic disease and promote overall health for 2016?

Please join us this year to gain knowledge on how to manage your Total Wellness for 2016. We will explore healthy recipes and meals, tips on getting active, and managing those challenging health issues.

Four **FREE** sessions will be offered:

February 11- ENJOY HEALTHY FOOD THAT TASTES GREAT

May 17 – QUICK, HEALTHY MEALS AND SNACKS

September 8 – EATING HEALTHY ON A BUDGET

November 10 – TIPS FOR LOSING WEIGHT AND KEEPING IT OFF

Lunch, Presentation & Door Prizes: 12:00 – 1:00 p.m.

Pre-Registration is required at 289-2464 Enrollment limit: 20

At each session, participants will have a chance to win a \$25 gift certificate from Sweet Tea Grille at the Mill.

Participants attending all 4 sessions will be entered into a drawing to win a gift card from Wal-Mart.



SPONSORS:

